

# TYSONS TOWER

## Personal Training Rates

### *Tyson's Tower Fitness Center*

#### **Individual 60 Minute Session**

1 to 4 sessions           \$65 each  
5 or more sessions       \$60 each

#### **Individual 45 Minute Session**

1 to 4 sessions           \$54 each  
5 or more sessions       \$50 each

#### **Individual 30 Minute Session**

1 to 4 sessions           \$42 each  
5 or more sessions       \$38 each

#### **Partner Session, 60 Minutes (rate is per session)**

1 to 4 sessions           \$50/client  
5 or more sessions       \$45/client

#### **Partner Session, 45 Minutes (rate is per session)**

Any number of sessions   \$39/client

#### **Partner Session, 30 Minutes (rate is per session)**

Any number of sessions   \$30/client

### **Bulk Packages**

Session	24 Sessions			36 Sessions			48 Sessions		
	per session	Package Cost	3 monthly payments	per session	Package Cost	4 monthly payments	per session	Package Cost	5 monthly payments
30 Min	\$ 35.25	\$ 846.00	\$ 282.00	\$ 34.50	\$1,242.00	\$ 310.50	\$ 33.75	\$1,620.00	\$ 324.00
45 Min	\$ 48.00	\$1,152.00	\$ 384.00	\$ 46.00	\$1,656.00	\$ 414.00	\$ 44.50	\$2,136.00	\$ 427.20
60 Min	\$ 58.00	\$1,392.00	\$ 464.00	\$ 56.00	\$2,016.00	\$ 504.00	\$ 54.00	\$2,592.00	\$ 518.40

### **Group Personal Training (rate is per month)**

#### **60 Minute Session**

1 session per week       \$97/month  
2 sessions per week      \$167/month  
3 sessions per week      \$216/month

#### **30 Minute Session**

1 session per week       \$65/month  
2 sessions per week      \$108/month  
3 sessions per week      \$140/month

For more information contact [tysonstower.fitness@hines.com](mailto:tysonstower.fitness@hines.com)